



capitalhealth

Center for Oncology
Cancer Genetics Risk Assessment
Health History Questionnaire

Contact Info:

Name: _____
First Middle Initial Last (Maiden)

Address: _____
Street

City State Zip

Home Phone: () Work Phone: () Cell Phone: ()

Email: _____

Preferred Contact: ☐ Home ☐ Work ☐ Other: _____ Best Time to Reach you: _____

Secondary Contact Info:

Name: _____ Relation: _____

Address: _____
Street

City State Zip

Phone: () Email: _____

Your Date of Birth: _____

Today's Date: _____

Current Marital Status: ☐ Married or living as married
☐ Divorced
☐ Never married

☐ Separated
☐ Widowed
☐ Other _____

Your Occupation: _____

Highest level of school you have completed:

☐ 8 years or less
☐ Some high school
☐ High school grad/GED

☐ Some college or technical school
☐ Graduated college
☐ Graduate or professional school

Race/Ethnicity

What is your, your mother's and your father's primary racial and ethnic background?

	Racial background	Ethnic background
Self		
Mother		
Father		

Racial Backgrounds: White/Caucasian, Black/African American, Native American/Eskimo, Asian, Hawaiian/Pacific Islander, Hispanic/Latino

Ethnic Backgrounds: French, German, Russian etc.

Are you, or is anyone in your family, **Jewish**?

☐ No

☐ Yes --> Who _____

☐ Ashkenazi, ☐ Sephardic, ☐ Unknown

Your Concerns

What is your primary reason for visiting the Cancer Genetics Risk Assessment Program? _____

Are there any other concerns you would like addressed during your visit? _____

Genetic Testing

Have you ever had genetic testing?

☐ Yes ☐ No

If yes, which gene(s) were tested? _____

Has anyone in your family had genetic testing that you are aware of?

☐ Yes ☐ No

If yes, which gene(s) were tested? _____

Has anyone in your family tested positive for a genetic mutation?

☐ Yes ☐ No

If yes, what mutation was discovered? _____

Where was the testing done? _____

Has anyone in the family been diagnosed with Falconi's anemia

☐ Yes ☐ No

If yes, who? _____

General Breast/Gynecologic History

Have you ever had a **mammogram**?

☐ Yes ☐ No

If yes, age at first Mammogram: _____ Date of last Mammogram: _____

Hospital/Location of last Mammo: _____

Date of last **physical breast exam**: _____

Have you ever had a breast **MRI**? ☐ Yes ☐ No

If yes, date of last breast MRI: _____

Hospital/Location of last MRI: _____

Do you have, or have you ever had, **breast implants**?

☐ Yes ☐ No

(This does NOT include breast reconstruction after mastectomy.)

Have you had one or both of your **breasts removed**, for reasons other than cancer treatment?

☐ Yes ☐ No

If yes, please complete the table below:

Breast Location (Left/Right/Both)	Date of Surgery	Hospital/Location	Reason
			☐ Cancer Prevention ☐ Other:
			☐ Cancer Prevention ☐ Other:

Have you had one or both of your **ovaries removed**, for reasons other than cancer treatment?

☐ Yes ☐ No

If yes, please complete the table below:

Location (Left/Right/Both)	Date of Surgery	Hospital/Location	Reason
			☐ Cancer Prevention ☐ Other:
			☐ Cancer Prevention ☐ Other:

Have you had your **uterus removed**?

☐ Yes ☐ No ☐ Not Sure

If so, Date of Surgery: _____

Hospital/Location: _____

Date of Last **Pelvic Exam**: _____

Have you ever had an abnormality on a PAP smear? ☐ Yes ☐ No ☐ Not Sure

If yes, what was the result? _____

Breast Biopsy History

Have you ever had a breast **biopsy**?

☐ Yes ☐ No ☐ Not Sure

If yes, total number of breast biopsies you have had: _____

Benign Breast History

Have you ever been diagnosed with any of the **benign or non-cancerous breast conditions** listed below?

☐ Yes ☐ No ☐ Not Sure

If Yes, which condition(s) were you diagnosed with? (Check all that apply)

- ☐ Atypical Hyperplasia ☐ Hyperplasia ☐ Mastitis
☐ Fat Necrosis ☐ LCIS ☐ Other _____
☐ Fibroadenoma ☐ Lipoma ☐ Indeterminate diagnosis
☐ Fibrocystic Disease ☐ Mammary Duct Ectasia ☐ I am uncertain

For each condition, please provide the following information about surgery you have had:

Breast Condition	Breast Location (Left/Right)	Date of Surgery/Biopsy	Hospital/Location

General Hormone Use

Contraceptives

Have you ever used contraceptive pills, injections (Depo-Provera), or implants (Norplant) to prevent pregnancy or for any other reason? ☐ Yes ☐ No

If yes, please complete the table below:

Month/Year Began	Age Began	Month/Year Stopped	Age Stopped

Fertility

Have you ever had a problem with infertility? ☐ Yes ☐ No

Have you ever taken infertility medication? ☐ Yes ☐ No

If yes, please complete the table below:

Hormone Name	Month/Year Began	Age Began	Month/Year Stopped	Age Stopped

Hormone Replacement Therapy (HRT)

Have you ever taken HRT? ☐ Yes ☐ No

If so, what did you take? ☐ Estrogen alone

(refer to table to the right)

☐ Estrogen and Progestin

☐ Estrogen and Testosterone

☐ Not sure

Estrogen	Estrogen + Progestin	Estrogen + Testosterone
Premarin	Prempro	Estratest
Estradiol	Premphase	

Month/Year Began	Age Began	Month/Year Stopped	Age Stopped

Breast Cancer Prevention

Have you ever taken Tamoxifen (Nolvadex) or Raloxifene (Evista)? ☐ Yes ☐ No

If yes, please complete the table below:

Hormone Name	Month/Year Began	Age Began	Month/Year Stopped	Age Stopped	Reason
					☐ Cancer Prevention ☐ Cancer Treatment ☐ Other
					☐ Cancer Prevention ☐ Cancer Treatment ☐ Other

Menstrual History

Age at First Menstrual Period: _____

Have you had a menstrual period within the last year? ☐ Yes

☐ No --> Age at last menstrual period: _____

Cause of Menopause:

☐ natural

☐ chemotherapy, medication induced

☐ surgery on reproductive organs

☐ other: _____

Pregnancies

Have you ever been pregnant?

☐ Yes ☐ No

If yes, please fill out the chart below

Pregnancy	Date of End of Pregnancy	Outcome				Breast	Feeding
		Live birth	Still born	Miscarriage	Induced abortion	Yes/No	Months of breast feeding
1							
2							
3							
4							
5							
6							
7							
8							
9							

Your age at first birth: _____

Smoking History

Have you ever smoked cigarettes?

(at least 1 pack per month for 1 year)

☐ Yes ☐ No

If yes: What age did you start smoking regularly? _____

Do you still smoke?

☐ Yes ☐ No

If no, what age did you stop? _____

How many total years did you smoke (excluding periods of non-smoking)? _____

On average, how many packs did you smoke per day? _____

(1 pack = 20 cigarettes)

Alcohol

How many drinks per week on average do you have currently? _____

What type of alcohol is it typically (beer, wine, etc.)? _____

Exercise: Please describe any exercise that you do regularly, how often and for how long

Current Medications

Do you take any medications regularly?

☐ Yes ☐ No

Please list names of medications here: _____

Current Cancer Screening

Are you getting a cancer screening on a routine basis (such as ultrasound, colonoscopy, CA-125, PSA, breast exam, mammogram, skin check-up)? ☐ Yes ☐ No

If yes, please describe in the table below:

Type of Screening Exam	How often	Month/Year of Last Exam
	☐ Every year ☐ Every 5 years ☐ Other:	
	☐ Every year ☐ Every 5 years ☐ Other:	
	☐ Every year ☐ Every 5 years ☐ Other:	

Other Health Problems

Please check all that apply.

Medical Condition	Never had this condition	Had it more than 12 months ago	Had it within past 12 months
Arthritis/Rheumatism	☐	☐	☐
Blood Clots (lungs, legs)	☐	☐	☐
Colitis (inflammatory bowel, Crohn's)	☐	☐	☐
Colon Polyps	☐	☐	☐
Diabetes	☐	☐	☐
Eye Problems (cataracts, glaucoma etc.)	☐	☐	☐
Endometriosis	☐	☐	☐
Heart Problems	☐	☐	☐
High Blood Pressure	☐	☐	☐
Kidney Problems	☐	☐	☐
Osteoporosis (bone loss, thinning)	☐	☐	☐
Ovarian Cyst	☐	☐	☐
Stroke	☐	☐	☐
Vaginal Bleeding, abnormal	☐	☐	☐

Have you ever had a **bone density** (DEXA) scan? ☐ Yes ☐ No

If yes, what was the date of your last scan? _____

Where was the scan done? _____

Cancer History

Have you ever had cancer? ☐ Yes ☐ No *(please also include skin cancers)*

If so, please complete the following chart:

Cancer Site/Type:	Your 1 st cancer	Your 2 nd cancer
Location (Left/Right/Not Applicable)		
Date of Diagnosis		
Age of Diagnosis		
Did you have Surgery for this Cancer?	☐ Yes ☐ No ☐ Not Sure	☐ Yes ☐ No ☐ Not Sure
If yes: Name of Procedure		
Surgery Date		
Treatment Hospital		
Did you receive Chemotherapy for this Cancer?	☐ Yes ☐ No ☐ Not Sure	☐ Yes ☐ No ☐ Not Sure
If yes: Type of Chemo* (Please choose from list below)		
Treatment Hospital		
Did you receive Radiation for this Cancer?	☐ Yes ☐ No ☐ Not Sure	☐ Yes ☐ No ☐ Not Sure
Treatment Hospital		
Did you receive Hormonal Therapy for this Cancer?	☐ Yes ☐ No ☐ Not Sure	☐ Yes ☐ No ☐ Not Sure
If yes: Name of Hormone (ex. Tamoxifen)		
Did you receive any other type(s) of therapy?	☐ Yes ☐ No ☐ Not Sure	☐ Yes ☐ No ☐ Not Sure
If yes: Please specify.		
Have you had a Recurrence with this Cancer?	☐ Yes ☐ No ☐ Not Sure	☐ Yes ☐ No ☐ Not Sure
If yes: When?		
Where did this cancer recur? (ex. lung, breast, liver)		

*Chemo Drug List

Adriamycin	Paclitaxel
Cytosan	Taxol
Fluorouracil	Taxotere
Leucovorin	Other
Methotrexate	

Other Surgeries

Have you had any other surgeries? ☐ Yes ☐ No If yes, please describe: _____

